#### Advancements in Peripheral Vascular Disease (Peripheral Artery Disease and Venous Disease)

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#### Angiosome Theory

Six angiosomes of the foot and ankle originate from the three arteries.





#### Strategy for BTK Angioplasty based on Angiosome Concept

| Method of<br>Revasc  | Appropriate<br>Angiosome<br>Treated | Boundary<br>Angiosome<br>Treated |
|--|-------------------------------------|----------------------------------|
| PTA<br>Alexandrescu et al.<br>J Endovasc Ther<br>2010;15:580 | 94% healed                          | 59% healed                       |
| Bypass<br>Neville et al.<br>Ann Vasc Surg<br>2009;23:367     | 91% healed                          | 62% healed                       |



### PAD : Background

- Occurs in approximately 1/3 of patients
  - ✓ Over age 70
  - ✓ Over age 50 who smoke or have DM
- Strong association with CAD
  - ✓ Obvious associated risk of stroke, MI, cardiovascular death
- Progressive disease in 25% with progressive intermittent claudication/limb threatening ischemia
- Outcomes
  - ✓ Impaired QoL
  - ✓ Limb Loss
  - ✓ Premature Mortality



#### **Risk Factors for PVD: Framingham Heart Study**



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### **Outcomes in PVD Patients**





### Diabetics:Tragic "Rule of 15"

- 15% of diabetes \_\_\_\_\_ Foot ulcer in lifetime patients
- 15% of foot ulcers Osteomyelitis
- 15% of foot ulcers Amputation



### Diabetics: Tragic "Rule of 50"

- 50% of amputations
- 50% of patients

50% of patients

Transfemoral/ transtibial level  $2^{nd}$  amputation in  $\leq 5$  years Die in  $\leq 5$  years

Clinical Care of the Diabetic Foot, 2005

### The Most Important Aspect of the Diagnostic Evaluation of PAD

#### History

- Location of Symptoms
- Description of Discomfort
- Exacerbating/Ameliorating Characteristics
- Reproducible Symptoms



### Fontaine Classification

- I Asymptomatic
- Intermittent claudication
  - **a.** > 200 meters
  - **b.** ≤ 200 meters
- III Rest pain
- IV Necrosis, gangrene, or non-healing wounds

Pentecost MJ, Circulation 89:51,



### Suggested Algorithm for Work-up





### Interpretation of ABI

- <u>></u>0.90 Normal
- $\sim \geq 1.30$  Calcified Arteries
- $\ge 0.70 <0.90$  Mild PAD
- $\ge 0.40 < 0.70$  Moderate PAD
- -.40 Severe PAD



# Effect of Cilostazol on walking distance in patients with intermittent Claudication



Hiatt WR N Engl J Med 2001; 344: 1608 - 1621



### Infrainguinal Surgical Revascularization

#### **Results of Autogenous Infrainguinal Reconstruction**

**Five-Year Cumulative Rates** Graft Patency

| No. of<br>Limbs | Operative<br>Mortality<br>(%) | Primary<br>(%) | Secondary<br>(%) | Limb<br>Salvage<br>(%) | Survival<br>(%) |
|-----------------|-------------------------------|----------------|------------------|------------------------|-----------------|
| 3005            | 2                             | 70             | 81               | 90                     | 54              |



### Infrainguinal Arterial Surgical Revascularization

Infrainguinal Revascularization with PTFE





### Infrainguinal Surgical Revascularization

- Complications
  - ✓ Mortality 2-5%
  - ✓Hemorrhage <2%
  - ✓ Graft Thrombosis 2-7%
  - ✓ Wound Infection 8-19%



# Basil Trial even concluded Endo better first..

- 452 patients with CLI to strategy of bypass first or angioplasty first
- Attempted allocated treatment
  - 86% (195/228) bypass vs 96% (216/224) angioplasty
- No difference in amputation-free survival at 6 months
  - Unadjusted hazard ratio 1.07 95% CI [0.72-1.6]
  - Adjusted hazard ratio 0.73 95% CI [0.49-1.07]
- No difference in health-related QOL
- Hospital costs one-third higher with bypass first
- Later (after 2 years) results favored bypass
- Conclusion: endovascular first strategy for CLI
- 7-year f/u: no cost benefit



### Endovascular Management of Limb Ischemia

#### **Endovascular Procedures**

- Percutaneous Transluminal Angioplasty (PTA)
- Stenting
- Atherectomy
  - ✓ Directional
  - ✓ Laser
- "Specialized" Angioplasty Devices
  - ✓ Cutting Balloon
  - ✓ Cryoplasty















#### Current SFA Endovascular Intervention Options in the US





#### Percutaneous Transluminal Angioplasty (PTA)

#### Efficacy

|   | Technical<br>Success<br>Rate | Clinical<br>Succes<br>s Rate | Primary<br>1- Year<br>Patency | Assiste<br>d 5-Year<br>Patency | Limb<br>Salvage<br>Rate | Major<br>Comp.<br>Rate | Patients<br>/Mean<br>Follow |
|---|------------------------------|------------------------------|-------------------------------|--------------------------------|-------------------------|------------------------|-----------------------------|
| Faglia,<br>Grazziani<br>, et al<br>(2005) | 99%                          |                              |                               | 88%                            | 97%                     | 3%                     | 993/26<br>months            |
| Kudo,<br>Ahn<br>(2004)                    | 96%                          | 93%                          |                               | 76%                            | 89%                     | <b>2%</b>              | 111/15<br>months            |
| Mousa,<br>Rhee, et<br>al (2005)           | 98%                          |                              | 89%                           |                                | 97%                     | 9%                     | 66/6<br>months              |

9. Faglia, Paolo, Clerci, Cleressi, Graziani, et al. Peripheral Angioplasty as the First-choice Revascularization Procedure in Diabetic Patients with Critical Limb Ischemia: Prospective Study of 993 Consecutive Patients Hospitalized and Followed Between 1999 and 2003. *Eur J Vasc Endovasc Surg.* 2005;29:620-627.

10. Kudo, Ahn, Chandra. The effectiveness of percutaneous transluminal angioplasty for the treatment of critical limb ischemia: A 10-year experience. *The Western* 2005;Sep 11-14, 2004.





### Stents

- Nitinol Self Expanding Stents
- Covered stents
- Zilver PTX Drug Eluting Stents
- Supera stents



### Endovascular Stent



#### Flexible Delivery safely Non-compressible.





### Stenting

Treatment

- Placement of metallic tube in damaged artery to support and maintain lumen
- May be bare metallic, PTFE, or drug-eluting

Best Use

- Primary therapy for focal Iliac and diffuse SFA lesions
- "Bail-out" for infrapopliteal PTA interventions

Efficacy

- 95% technical success rate<sup>12</sup>
- 88% 1 and 3 year primary patency rate<sup>12</sup>

Pre Intervention: Total Occlusion SFA CTO



Post Intervention SFA Revascularized





# Zilver PTX Device Description

#### • Zilver Flex® Stent Platform

- ✓ Nitinol stent
- Designed for the superficial femoral artery (SFA)
- Outer surface coated with paclitaxel
  - $\checkmark$  3 µg/mm<sup>2</sup> dose density
  - ✓ No polymer or binder
  - Same active ingredient as Taxus coronary DES











#### 24-Month Freedom From TLR Provisional Zilver PTX vs. BMS





### Long InStent Occlusion FemPop





# SUPERA stent

- Interwoven self-expanding nitinol stent
- Six pairs of super-elastic nitinol wires which are interwoven in a helical pattern in a closed cell geometry
- 1) Radial strength
- 2) Flexibility and Durability
- 3) Conformability
- 4) Kink, Crush and Fracture resistant





Supera vs. Other





### **Clinical Outcomes in Calcification at 3 yrs**



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#### **Atherectomy**

#### •More data but still none randomized

















Still Ooh and aah factor for physician and patients 'Nothing left behind"



### **DEFINITIVE LE Results**

#### **DIABETICS VS. NON-DIABETICS**

12-month Primary Patency (%)



Diabetic patients show a more positive response to directional atherectomy than to other therapies.

#### PRIMARY PATENCY AT 12 MONTHS



Overall, primary patency results are comparable in diabetics vs. non-diabetics when treating short, medium, and long lesions.



# Results Across Different Segments

| SFA            | Subjects | Lesions | Baseline<br>Stenosis | Mean Lesion<br>Length (cm) | Primary<br>Patency<br>(PSVR ≤ 2.4) |
|----------------|----------|---------|----------------------|----------------------------|------------------------------------|
| < 4 cm         | 130      | 145     | 66.2                 | 2.3                        | 77.9%                              |
| 4 - 9 cm       | 194      | 206     | 69.4                 | 6.5                        | 83.0%                              |
| 10+ cm         | 182      | 184     | 79.8                 | 14.6                       | 65.4%                              |
| Popliteal      |          |         |                      |                            |                                    |
| < 4 cm         | 51       | 41      | 66.8                 | 2.2                        | 84.4%                              |
| 4 - 9 cm       | 54       | 54      | 78.9                 | 6.5                        | 75.4%                              |
| 10+ cm         | 18       | 18      | 89.6                 | 13.1                       | 64.9%                              |
| Infrapopliteal |          |         |                      |                            |                                    |
| < 4 cm         | 29       | 34      | 65.1                 | 1.8                        | 89.6%                              |
| 4 - 9 cm       | 42       | 47      | 74.8                 | 6.2                        | 89.4%                              |
| 10+ cm         | 12       | 12      | 80.9                 | 13.4                       | 90.9%                              |

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# Impact on CLI

#### LIMB SALVAGE AND WOUND HEALING


## **IN.PACT SFA Trial Overview**



150 subjects enrolled at 13 EU sites Sep 2010 - Apr 2011



### IN.PACT SFA II

81 subjects enrolled at 44 US sites Apr 2012 - Jan 2013

- Prospective
- Multicenter
- Randomized (2:1)
- Single-blinded
- Subjects followed up to 5 years

- Independent and blinded Duplex Ultrasound Core Lab,<sup>1</sup> Angiographic Core Lab,<sup>2</sup> and Clinical Events Committee<sup>3</sup>
- Independent Data Safety Monitoring Board<sup>3</sup>
- External monitoring with 100% source data verification



- VasCore DUS Core Laboratory, Boston, MA, US
   SynvaCor Angiographic Core Laboratory, Springfield, IL, US
- 3. CEC and DSMB services provided by HCRI, Boston, MA, US

## **IN.PACT SFA Trial Design**



IN.PACT SFA

**Aggregate dataset from Phase I and II** 

### **Primary Endpoints:**

•Efficacy<sup>3</sup>: 12-month Primary Patency
•Freedom from clinically-driven TLR and duplex ultrasound derived restenosis (PSVR ≤2.4)
•Safety<sup>4</sup>: 30-day device/procedure death, 12-month amputation, 12-month clinically-driven TVR

#### **Key Inclusion Criteria:**

•Rutherford 2-3-4
•SFA and proximal popliteal
•Lesion length 4-18 cm
•Total occlusion ≤10 cm



1. With symptoms of claudication and/or rest pain and angiographic evidence of SFA/PPA stenosis

2. Pre-dilatation mandatory for all subjects in IN.PACT SFA II phase only

3. Primary Efficacy Analysis on all ITT non-stented subjects based on superiority assumption of DCB vs. PTA

4. Primary Safety Analysis on all ITT non-stented subjects based on non-inferiority of DCB vs. PTA

### **IN.PACT SFA 12-Month Efficacy Outcomes**

Primary Patency Kaplan Meier (All ITT)<sup>1</sup>

Clinically-Driven Target Lesion Revascularization (CD-TLR)<sup>2</sup>





1. Primary patency is defined as freedom from clinically-driven TLR and freedom from restenosis as determined by DUS PSVR ≤2.4 2. Clinically-driven TLR defined as any re-intervention due to symptoms or drop of ABI/TBI of >20% or >0.15 compared to post-procedure ABI/TB

## Potential advantages of DEB c/w DES

- Greater/more uniform drug delivery per mm<sup>2</sup> of surface area=greater efficacy?
- Lack of ongoing drug and polymer
  - ✓ Less/shorter inflammation
  - ✓ More rapid endothelialization
  - ✓ Less late thrombosis
  - ✓ Shorter/less intense DAPT
- Lack of permanent stent prosthesis
  - $\checkmark$  Less provocation of neointimal formation
- Use in "stent-disadvantaged" zones
  - ✓ Small vessels, bifurcations, ISR, infra-inguinal
- Ease of use



## Summary of Management of Non-CTO SFA Disease

| Treatment<br>Strategies            | Focal Lesions  | Calcified Lesions  | Diffuse Lesions  |  |
|------------------------------------|--|--|--|--|
| Standard Balloon<br>PTA            | Can be used as<br>Primary therapy Can be used to prime the le<br>Atherectomy (Avoid before |  | e lesion or after<br>re Directional, Orbital                                   |  |
| Cutting Balloon PTA                |  | or Rotational Atherectomy)   |  |  |
| Atherectomy                        | Directional<br>(SilverHawk)  | Directional, Orbital & Rotational  | Directional, Orbital,<br>Rotational & Laser                                    |  |
| Stenting                           | For residual stenosis<br>or flow limiting<br>dissection                                    | Supera stents should<br>be considered in<br>moderate to heavy<br>calcified lesions | Focal stenting vs.<br>Zilver PTX vs.<br>Supera. Ostial lesions<br>should be st |  |
| Drug Coated Balloon<br>Angioplasty | Can be considered in<br>lesions longer than<br>30mm  | Better results with<br>directional<br>atherectomy                                  | Should be strongly considered  |  |

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# Critical Limb Ischemia/ Limb Salvage

- 71 yo female
- —HTN
- ↑ Cholesterol
- Prior stroke
- —Atrial fibrillation
- Non-diabetic

Recommended treatment: lower limb amputation



### Critical Limb Ischemia/ Limb Salvage





3 mos post plaque excision with no skin graft, no prosthesis and no pain meds

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### Endovascular Repair of Aortoiliac Disease







## Tibial CTO with PTA





## Angiogram Patent Peroneal/Occluded AT



### Direct Access to DP at foot







## **Retrograde Recanalization**



# **Final Result**



## So you decide....



- Limb salvage rates for PTA, Laser, Cryoplasty, Silverhawk, DES, DEB are ALL greater than 85%, many 95%
- And the RIGHT artery and MORE than one artery can be treated to the correct angiosome

## You Are Never Too Old To Walk!







# Peripheral Angioplasty







- PAD progresses in severity
- Surgery has been the "Old Standard"
- Advantages of using interventional procedures over surgery to treat PAD
  - $\checkmark$  Avoids complications of general anesthesia
  - ✓ Avoids wound healing complications
  - ✓ Less systemic stress
  - ✓ Early recovery and ambulation
  - ✓ Procedure may be repeated more readily than surgery
  - ✓ Preserves future surgical intervention options
- Generally, all a patient needs is a few months of good flow for foot survival or salvage

### 25 Million people suffer from venous reflux disease, the underlying cause for most varicose veins



Images courtesy of Paul McNeill, MD and Rajabrata Sarkar, MD



## Prevalence and Etiology of Venous Insufficiency

Venous reflux disease is 2x more prevalent than coronary heart disease (CHD) and 5x more prevalent than peripheral arterial disease (PAD)<sup>1</sup>





## Prevalence and Etiology of Venous Insufficiency

*Of the estimated 25 million people with symptomatic superficial venous reflux*<sup>1</sup> :

- Only 1.7 million seek treatment annually<sup>2</sup>
- Over 23 million go untreated

### **Prevalence by Age and Gender**<sup>3,4</sup>

| <u>Age</u> | <u>Female</u> | <u>Male</u> |
|------------|---------------|-------------|
| 20 - 29    | 8%            | 1%          |
| 40 - 49    | 41%           | 24%         |
| 60 - 69    | 72%           | 43%         |



# Systemíc Reflux ín Venous Ulceratíon



Photos courtesy of Steven A. Kaufman, MD.

| Sources of Reflux in               |             |      |  |  |
|------------------------------------|-------------|------|--|--|
| Venous Ulcer Patients <sup>8</sup> |             |      |  |  |
| Superficial                        | Perforating | Deep |  |  |
| 79%                                | 63%         | 50%  |  |  |

Incompetent perforators found in 63% of venous ulcer patients

Comprehensive care treats all sources of reflux



## **Pathophysiology of Venous Insufficiency**



Healthy Vein Valves & Correct Blood Flow Damaged Vein Valve & Incorrect Blood Flow



# **Perforating Veins and Reflux**

- Perforator valves maintain one-way flow from superficial to deep veins
- Perforator valve failure causes:
  - Higher venous pressure and GSV/branch dilation
  - Increasing pressure results in GSV valve failure
  - Additional vein branches become varicose
  - Further GSV incompetence and dilation





## Risk Factors and Symptoms of Venous Insufficiency

| Risk factors of venous insufficiency:   |
|---|
| • Gender                                |
| • Age                                   |
| • Heredity                              |
| Pregnancy                               |
| <ul> <li>Standing occupation</li> </ul> |
| • Obesity                               |
|   |

- Prior injury or surgery
- Sedentary lifestyle

### Symptoms of venous insufficiency:

- Leg pain, aching, or cramping
- Burning or itching of the skin
- Leg or ankle swelling
- "Heavy" feeling in legs
- Skin discoloration or texture changes
- Open wounds or sores
- Restless legs
- Varicose Veins















#### SMALL SAPHENOUS VEIN ANATOMY

#### Anterolateral View

- The SSV originates at the lateral heel/ankle
- Distally, the SSV lies superficial to the fascial planes
- The sural nerve lies very close to the SSV from the lateral ankle to mid-calf





#### Posterior View

- From its origin, the SSV continues up the posterior calf
- At its mid-1/3 segment, the SSV lies between the superficial and deep fascial planes
- Proximally, the SSV and sural nerve dive beneath the deep fascia
- The SSV empties into the popliteal vein in the region of the popliteal fossa

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# Rt. GSV Reflux study





# **RFA** *Design and Mode of Action*

- RF Energy heats Catheter tip (7cm heating element) to 120° C
- Conductive Heat Transfer from heating element to vein wall achieves temperatures of 85-120° C

 Vein wall heating causes collagen vein wall contraction and thrombosis







 Catheter tip positioned 2cm distal to the saphenofemoral junction. Tumescent infiltration is administered.



 7 cm vein segment treated all at once during 20-second treatment cycle. Additional vein segments treated serially.



 Catheter shalt markings allow fast and accurate catheter re-positioning between treatment cycles. No energy is delivered during re-positioning.



 Treatment of 45 cm vein length takes 3 to 5 minutes (seven treatment segments).



## **ELA** Design and Mode of Action

- ELA Energy steam bubbles within vessel (blood) or vessel wall (water) depending on laser wave length
- Steam bubbles from laser tip can achieve temperatures as high as 1200° C at the tip to 48° C to the exterior of the vein wall
  - Steam bubbles causes collagen vein wall contraction and thrombosis





## **RECOVERY Trial: Conclusions**

- ClosureFAST proved to be significantly superior to endovenous laser ablation when evaluating postprocedural recovery and patient QOL parameters
- Compared to laser ablation, treatment with ClosureFAST produced significantly
  - $\checkmark$  Less painp < 0.0001 $\checkmark$  Less bruisingp < 0.0001 $\checkmark$  Less tendernessp = 0.0008 $\checkmark$  Fewer adverse eventsp = 0.021 $\checkmark$  Greater improvement in VCSS scores\*p = 0.035 $\checkmark$  Better quality of life\*p = 0.045 $\ast$  Out to 14 days

Endovascular Treatment (EVT) of Chronic Iliac Vein Obstruction *Objectives* 

 Compare stent-related and clinical outcomes, results and complications of EVT in limbs with nonthrombotic iliac vein lesions (NIVL) and post-thrombotic syndrome (PTS)

NIVL = Nonthrombotic iliac vein lesion (NIVL/MTS)
PTS = Post-thrombotic syndrome

Neglen et al., J Vasc Surg, 2007: 979-990


EVT of Chronic Iliac Vein Obstruction Materials/Methods

\*870 patients / 982 limbs Chronic symptoms (mean = 60 mos) ♦NIVL = 518, PTS = 464 limbs  $\bullet$  Follow-up (mean = 22 mos), 1-107 mos ♦IVUS

PTA / stenting

Neglan, et al., J Vasc Surg, 2007:979-990



## EVT of Chronic Iliac Vein Obstruction Technical Results

- Technical success = 97%
- Post-op stent thrombosis (<30 d) = 1.5%</p>
- Primary, primary-assisted and secondary patency rates (6-years)
  - **79%**, 100%, 100% (NIVL)
  - 57%, 80%, 86% (PTS)
  - ISR (>50%) = 5%
    - 10% (PTS), 1% (NIVL)

Neglan et al., J Vasc Surg, 2007:979 -990



**Technique: Endovascular Treatment of Chronic Iliac** Vein Obstruction \*Access via CFV if isolated iliac/caval dz Popliteal vein if thrombosed femoral V PTA / stent w / IVUS guidance !! Pressure gradient if equivocal lesion Wallstents or nitinol (14 mm - 18 mm) Wallstents preferred if CIV confluence (MTS)











May-Thurner (MTS) or Cockett's Syndrome

✤ 1851- Virchow sinistral (left-sided) DVT

- Dx in 2%-5% of pts w/ venous dz
- Right CIA/compresses the left CIV against the lumbar vertebrae
- 25% of asymptomatic pts > 50% stenosis
- ✤ 3<sup>rd</sup> 5<sup>th</sup> decade of life / women



## May-Thurner Syndrome







## What Can be Done by Endovascular Approach







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