



# AMERICAN ASSOCIATION OF PHYSICIANS OF INDIAN ORIGIN

## 23<sup>RD</sup> ANNUAL CONVENTION 2018

*Celebrating 23 Years of Excellence*

*Sushruta 600 BC - Father of Surgery*

*Charaka 300 BC- Father of Medicine*



**NOV 18, 2018**

CME Lectures & Educational Seminar\*  
**DeMatteis Center**  
101 Northern Blvd., Greenvale, NY

**DEC 8, 2018**

Annual AAPI-QLI Convention  
**Huntington Hilton, Long Island**  
598 Broad Hollow Road, Melville, NY 11747

The Administration and Staff of

**St. Francis Hospital  
The Heart Center<sup>®</sup>**

Congratulate

**Jagdish K. Gupta, MD**

President, AAPI-QLI

**Vinni Jayam, MD**

Convention Chairman

&

**All the Honorees.**



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## American Association of Physicians of Indian Origin

For providing a forum to enable Indian American Physicians to share ideas, research and teachings in order excel in patient care.

Congratulations to this year's distinguished Guest of Honor  
Our own

### Jason Naidich, MD

A leader whose compassion, professionalism and respect for human dignity continues to impact the future of healthcare.



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Congratulations!!!!

Jagdish K. Gupta, MD  
President

Vinni Jayam, MD  
Convention Chairman

The Executive Committee  
and all the Honorees

**ZOLL**

*It's about time.*





# AAPI-QLI

WELCOMES YOU TO ITS  
**23<sup>RD</sup> ANNUAL GALA DINNER  
AND AWARDS CEREMONY**

HONORING

DISTINGUISHED GUESTS OF HONOR

**ALAN D. GUERCI, MD**

President & CEO - Catholic Health Services, Long Island

**JASON NAIDICH, MD**

Senior VP & Regional Executive Director of Central Region - Northwell Health,  
Chairman of Radiology at Zucker School of Medicine.

HONOREES

**SATISH ANAND, MD**

"Life time Distinguished Services to AAPI-QLI Award"

**MANJEET CHADHA, MD**

"Distinguished Physician Innovation in Research Award"

**GADDAM D. REDDY, MD**

"Distinguished Physician Clinical Services Award"

**WISHING YOU HAPPY HOLIDAYS  
& A PROSPEROUS NEW YEAR!**

**SATURDAY DECEMBER 8<sup>TH</sup> 2018**

**HUNTINGTON HILTON, LONG ISLAND  
5:30 PM ONWARDS**

*Heartiest Congratulations!!!*

**Mom & Dad**

*We are very proud of all your achievements*



**Lots of Love and Best Wishes**

**Drs. Anu & Arnab Ghatak  
Drs. Srishti & Vas Narasimhan**

**Dr. Vishal Gupta  
Sia & Som Ghatak, Kabir & Sai Narasimhan**





## President's Message

Friends

I am very humbled, truly privileged and extremely honored to have served as the President of one of the most popular and influential chapters of National AAPI. Let me welcome each and every one of you to our 23rd Annual Convention.



Since the start of this year, our AAPI-QLI Executive Team hit the ground running and were able to accomplish many "firsts" in the history of AAPI-QLI:

- We held our first Valentine's Day Celebration in February with the support of our entire Executive Committee (EC) & Board of Trustees (BOT) along with their spouses.
- We held our first International CME Cruise to Havana, Cuba in April, attended by more than 82 members.
- We grew our AAPI-QLI Diwali Celebrations Event to an unprecedented scale, fostering more community involvement and ties to other medical, non-profit organizations.
- Under the guidance of Dr. Ajay Lodha, Chairman BOT and Dr. Arunabh Talwar, Chairman of Research Competition, we expanded our Young Innovator Research Competition to include all of New York State.

We are here tonight to highlight the achievements and outstanding contributions of an impressive and inspirational set of Honorees and Guests of Honor. Our esteemed Honorees -- Dr. Satish Anand, Dr. Manjeet Chadha and Dr. Gaddam D Reddy -- have distinguished themselves in the fields of medical innovation, community service and advocacy, and remarkable clinical practice. Our Guests of Honor -- Dr. Alan Guerçi, President and CEO of Catholic Health Services of Long Island and Dr. Jason Naidich, Senior Vice President and Executive Director of Northwell Health's Central Region and Chairman of Radiology at Zucker School of Medicine -- have distinguished themselves through their exemplary leadership of some of the largest, and most impactful health systems in our community.

A Gala of this magnitude would not be possible without the tireless efforts of the entire Executive Committee and Board of Trustees, working together as a team. I am deeply indebted to every one of them. My special gratitude to Dr. Vinni Jayam, our Convention Chairman, who wore many hats and worked day and night with Co-Chairs Dr. Asha Dua and Dr. Rajendra Jinna to make this function a great success. Special thanks to Dr. Krishan Kumar for stage management and Dr. Tarun Wasil for the Souvenir Journal.

Beyond tonight's Gala, I would also like to recognize Dr. Bhavani Srinivasan for her leadership with the Women's Affairs Committee, Dr. Holalkere for conducting all the healthcamps, Dr. Devendra Shrivastava and Dr. Rajesh Kakani for the stewardship of our Sunday CME programs, and Dr. Raj Bhayani for serving as Chairman of the Diwali celebrations last month.

Finally, I am deeply indebted to Dr. Ajay Lodha, Chairman of BOT, for his advice and guidance throughout my Presidency. He is a true friend. My best wishes to our next AAPI-QLI President, Dr. Himanshu Pandya. He is organized, energetic, and has exceptional leadership qualities. AAPI-QLI is in great hands.

I would like to thank all our sponsors, contributors, advertisers and especially all of you, who are present here tonight for supporting our incredible organization.

Above all, I would like to thank my wife, Meena for her advice and unconditional support this past year, our children Anu, Arnab, Srishti, Vas and Vishal for their encouragement and our four grandchildren, Sia, Kabir, Som, and Sai for their love for us.

Wishing all of you a very happy holiday season as we prepare to say goodbye to 2018. May God bless us and our families!

Sincerely,

**Jagdish K. Gupta, MD**  
President - AAPIQLI



Congratulations!!!!

President  
**Jagdish K. Gupta, MD**

Convention Chairman  
**Vinni Jayam, MD**

and all the Honorees



Best Wishes From:

**Dr. Himanshu Pandya**  
**Dr. Dipali Pandya**  
**Aadi Pandya**



## AAPI-QLI 2018 Achievements



### Professional Development:

- First International CME Cruise to Havana, Cuba with 85 People and 8 hours of CME provided through Wyckoff Heights Medical Center. It was a beautiful and rewarding cultural exchange and hands-on introduction to socialized medicine.
- Continuation of Sunday CME with enhancement in speaker's academic credentials and state of the art, cutting edge topics, providing 16 hours of CME from Downstate Medical Center.
- Annual CME at DeMatteis Center, on 4 hours of high caliber, innovative and cutting-edge topics, CME provided by St. Francis Hospital on South Asian Heart Disease, Lung Cancer, modern management of dysphagia etc.
- Current state of Tax Changes "Implications for Medical Practitioner" by Krishan K Mehta, CPA and his Team.
- Tax Planning and Insurance Needs of Medical Practice & Practitioner by Veludi Capital Strategies and Sun Trusts Bank etc.

### Community Outreach Activities:

- Health camps in the community for early diagnosis of diabetes/hypertension, for free flu vaccination, for eye disorders/ GI disorders/ dental diseases prevention etc.
- Health fairs in IALI "India Fest" and AIA "Diwali Celebrations at South Street Seaport" activities.
- YOGA under the Stars Program/Tai Chi Program/disease awareness sessions.
- Mental health seminars and opioid crisis discussions in the community.
- Breast cancer awareness/education and Candle Walk in support of Cancer Survivors.
- Extension of AAPI-QLI Diwali from Physicians only to the broader community with recognition of Community Cancer Organization, Volunteers & Supporters.

### Philanthropic Activities:

- Donation to Puerto Rico Relief and Rebuilding Fund after Hurricane Maria.
- Donation to International Nutrition Network (INN), which serves free meals and operates 10 soup kitchens.
- Donation to ROTACARE which provides free medical, dental, pharmacy and other behavioral health services to low-income people.
- Donation to Sankara Nethralaya & Eye Foundation providing free eye care to needy
- Financial support to various religious organizations in support of social and cultural activities



*Congratulations to the Esteemed Honorees*

**Dr. Gaddam Reddy**

**Dr. Manjeet Chadha**

**Dr. Satish Anand**

*for their outstanding achievement*

**&**

**Dr. Jagdish K. Gupta**

*President, AAPI-QLI*

**Dr. Vinni Jayam**

*Convention Chairman, AAPI-QLI*

*for your incredible dedication & hardwork!*



**Deepa Jayam, DMD**  
**Viraj & Divya**

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## Convention Chairman's Message



Dear members of AAPIQLI, colleagues and friends:

It gives me great pleasure to welcome you all to the 23rd Annual Convention Gala of AAPI Queens Long Island Chapter.

I would like to thank Dr. Jagdish Gupta for giving me this high privilege of hosting the event. I am truly humbled to be bestowed upon with this great responsibility.

The Queens Long Island Chapter is the largest, most vibrant chapter of the American Association of Physicians of Indian Origin (AAPI). It is known for its cohesiveness, unity, integrity and steadfastness in the pursuit of the ideals of AAPI – service, education and betterment of the communities we live in.

I would like to extend my warm congratulations to the outstanding honorees Dr. Gaddam Reddy, Dr. Manjeet Chadha and Dr. Satish Anand. I would like to thank the esteemed guests of honor Dr. Alan Guerri and Dr. Jason Naidich for gracing the event.

This event is a fruit of innumerable number of tireless hours of planning, coordination and execution by the president Dr. Jagdish Gupta, Chairman of the BOT, Dr. Ajay Lodha, my convention Co-chairs Dr. Rajendra Jinna and Dr. Asha Dua and the entire Executive team of AAPIQLI. I extend my sincere thanks to each one of them.

I am very grateful to all the sponsors who supported our efforts at every step of the way.

Needless to say, I would not have delivered without the support and love of my dear wife Deepa and children Viraj and Divya.

Wish you all a very happy holiday season ahead and healthy and prosperous New Year 2019.

**Vinni Jayam, MD**

Chair, AAPI-QLI Convention 2018

***Congratulations!!***

**Dr. Jagdish Gupta**

President AAPI-QLI

**Dr. Vinni Jayam**

Convention Chair, AAPI-QLI

***The Entire EC & All The Honorees***



**Best Wishes**

**Drs. Rakesh Dua, Asha Dua, Prachi Dua  
& Karan Dua**





## Immediate Past President's Message

Dear Friends,

I would like to congratulate Dr. Jagdish Gupta, President AAPIQLI, and Dr. Vinni Jayam, Convention Chair, for hosting the 23rd Annual Gala.



It has been a successful year for AAPIQLI under the leadership of Dr. Jagdish Gupta. For the first time in our history, AAPQLI hosted a cruise to Cuba in which CME credits were available. In addition, we continued our monthly Sunday morning CME meetings with diverse topics. AAPQLI continued to foster research and academic pursuits by hosting our annual medical student and resident research competition at the Demattis Center. The Diwali function was a huge success, with over 350 attendees. Finally, we continued our community health outreach with mental health seminar and participated in walk to cure breast cancer.

AAPIQLI has become the largest and strongest chapter of National AAPI because of the hard work and dedication of its past presidents and members. I would like to wish our incoming president, Dr Himanshu Pandya, the best of luck and challenge him to steer AAPQLI to even greater heights.

I would like to thank all the guests for participating in all the activities and making AAPIQLI a recognizable entity in our community. Congratulations to all the honorees for their outstanding achievements.

Sincerely,

**Rakesh Dua, MD**

Immediate Past President - AAPIQLI



*Congratulations to All the Honorees*

**DR. SATISH ANAND, MD**

Past President and Past Chair BOT, AAPIQLI  
Past Chair BOT, National AAPI

**DR. MANJEET CHADHA, MD**

**DR .GADAM REDDY, MD**

**&**

**DR. JAGDISH K. GUPTA, MD**

President, AAPI-QLI  
*For a successful convention -2018*



**AJAY K. LODHA, MD**

Chair Board Of Trustees, AAPI-QLI  
Past President, AAPI-QLI  
Past President, National AAPI

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## Chairman, Board of Trustee's Message

Dear Friends:

Heartiest Congratulations to all the esteemed members of AAPIQLI for the great success of 23rd Annual Convention.



I would also like to thank all the Board Of Trustees for their support in me for the whole year.

Congratulations to all the Honorees and dignified guests to grace the occasion.

I am thankful to all the members of the executive committee for their leadership role and handwork in adorning the crown of QLI with several feathers .

Thanks to Dr Vinni Jayam , Treasurer ,CME Chair ,Convention chair and with several other feathers for his hardworking and dedication for the convention and for the organization.

My Very very special thanks goes to President Dr Jagdish Gupta and his wife Meena ji Gupta for their exemplary vision ,handwork,dedication , leadership skills throughout the year and bringing various new programs and events to the organization and making the organization financially strong .

Today AAPIQLI is the largest and the most powerful sub chapter of national AAPI and the credit goes to all the stalwarts ,The Honorable past presidents who worked extremely hard and played a great visionary role in developing it .

My humble request to all the medical fraternity is to unite themselves and come as one force to challenge all the challenges coming everyday ahead

in the health care industry and together we can achieve our goals for the betterment of our patients and for us and for our family to live a peaceful life.

I am very confident that our organization will continue to grow as I foresee a very strong incoming leadership and congratulate in advance to Dr Himanshu Pandya and his team .

I want to thank my wife Dr Smita Lodha for her supportive role in the background and my children Amit and Shweta and new member in our family Priyanka Choradia .Sincerely

**Ajay K. Lodha, MD**

Past President & Current Chair, Board of Trustee, AAPI-QLI

Past President, National AAPI



*Congratulations*

*Dr. Gaddam Dasaratharam Reddy*

*on achieving well deserved recognition*

*"Distinguished Physician Clinical Services Award "*

*&*

*Congratulations to*

*all the honorees*

*and the team of AA ZZZZZ*

*Best Wishes,*

*Drs. Jaideep Reddy and Kalpana Reddy*

*Dr. Satish Reddy and Supriya Reddy*

*And the entire Reddy family.*





Honoree

## Gaddam D. Reddy, MD



Dr. Reddy was born in India in a small village Mahammadapuram, Andhra Pradesh. After his initial education, he completed his MBBS from Osmania Medical College in 1959. He then pursued his post-graduation in Pediatrics from Bombay. Later served as Professor of Pediatrics at the Niloufer Hospital in Hyderabad till 1968, during which time he established a 20 bedded hospital in his village to serve the needy. In 1968 Dr. Reddy arrived in the United States on a Fulbright scholarship at the world-renowned Boston children's hospital and medical center, and later completed his fellowship in Pediatric Cardiology at Long Island Jewish Medical Center, NY. He then returned to India in 1973 as a professor of Pediatric Cardiology to impart his knowledge and offer his services at the Osmania Medical College and Niloufer Hospital. Dr. Reddy subsequently returned to the United States in 1976 to enhance his own children's education and further his knowledge in pediatric cardiology. He has since been Director, Vice Chairman and Chairman at various esteemed institutions of NY in the last four decades. He is a published author and clinical researcher.

Dr. Reddy has been to many countries and led various medical missions to India, Guatemala and Haiti. He is a "gem of exceptional glitter" of the Indian society in New York for the past five decades. He acted as leader of the community and fostered Indian culture to a generation of Indians in the US, presided over several National Indian organizations. He instilled the value of service to God and peace to the soul to millions of Indians. He is instrumental in the establishment of Basavatarakam Indo-American Cancer Center in Hyderabad, India which serves millions of Cancer patients on charity.

He is still active as Chairman, Board of Trustees of the Hindu Temple Society of NA in Flushing, NY. He is an ardent and generous giver to the society both in US and India. Dr. Reddy remains down to earth and has an unassuming personality which is contagious. Dr. Gaddam has been blessed with a dedicated wife Smt.Jyotsna and 3 beautiful children, six grandchildren and even better a great grandchild. He enjoys music, traditional Indian literature, history and most of all the company of his friends. He finds that there is nothing more wonderful in life than to have good friends, a loving family and ability to teach and to continuously learn. He believes learning is a lifelong business opportunity.

Congratulations to

**The President,  
The Executive Committee,  
& all the Honorees.**



You play with us, you love us, you take care of us, And always watch out for us. When we are sad, you make us Glad. When we are feeling blue, you tell us, "I love you."

Thank you Nanu, for being that person in our lives whom we Can always rely on, no matter what. We are so very Proud of You and we hope you know that you are loved by us a lot.

**With Admiration & Appreciation,  
Mukta, Aksha, Manav, Meera, & Milan**





## Honoree Satish Anand, MD

Here is a man, who has proved himself despite all odds in his life. Dr. Anand's family moved to India in 1948. His father, Manohar Lal Anand, and the rest of the family got separated during the partition and were lucky to reunite after some time. Dr. Anand was three years old when he suffered from Polio in the left lower extremity. That was in 1945.



In 1948 when the family started their journey to India, his mother had him in his arms. The family was traveling in a truck which got stuck in the River, Ravi. A Pakistani soldier suggested to his mother that she could throw him away instead of carrying him with so much difficulty. Also, it will reduce weight in the truck which could then come unstuck. And, on top of it, she had 3 more children; so, she should have had no hesitation in getting rid of a disabled boy of 5 years. His Mother Krishna Kumari Anand, said, "I will die with him if my "OM" wishes. But one day you'll see he will become a big person." She could easily have got rid of her disabled son, but she was not an ordinary woman. She was courageous, brave and had immense heroic-qualities which Dr. Anand has inherited from her.

Another great gift to him from his mother is the unflinching faith in "OM." She instilled in him power of Faith. She told Satish, "Have Faith in your OM and do your karma (work/duty). Everything else will follow." It is this valuable lesson of life which has helped Dr. Anand.

Thereafter, he read a few books by great minds, including Swami Vivekananda. He recalls how profoundly he was influenced by Swami Vivekananda's words: "To do your duty with honesty, sincerity, and faith in Almighty is the biggest worship of God." He has always kept these golden words in his mind.

The values cherished today have come to Dr. Anand from his mother. Dr. Anand was born in Rawalpindi (now Pakistan) on October 21, 1942 to Manohar Lal Anand and Krishna Kumari Anand. He studied at Mhow, near Indore in Madhya Pradesh, India. He received his Medical education at Medical College, Gwalior to become a physician in 1965. In 1968, he went to the UK to do his residency program and finally got his MRCP in 1973. He came to the US in 1975 and worked as full time internist. He retired in 2009.

Dr. Satish Anand himself has been socially and professionally involved. He has been a member of AAPI – QLI since 1995. He was its President and now sits on Board of Trustees. He was President of Federation of AAPI NY/NJ/CT. He is a member of Rajasthan Medical Alumni Association. Earlier, he was president of Gajra Raja Medical College Association. Dr. Anand's contribution has been hailed by various organizations and institutions. In 2013, Rotary International honored him with The Humanitarian Award.

Married to Gitanjali Anand, the couple has two daughters, Aikta (married to Mukesh Sethi) and Vaishali (married to Amit Deshmukh) and are blessed with five grandchildren; Mukta & Aksha Sethi and Manav, Meera, & Milan Deshmukh.

**Dr. Manjeet Chadha**  
Distinguished Physician Honoree

***Congratulations!!***

***We are extremely proud of all your accomplishments.***

***You are always so giving of yourself  
and we are blessed to have you in our lives.***

***Thank you for all you do.***

***Best wishes,***

**Mrs. B. Sachdeva  
JB Chadha  
Bikram and Laura; Jus and Munsha**





Honoree

## Manjeet Chadha, MD, MHA, FASTRO, FACR

Dr. Chadha is Professor of Radiation Oncology at the Icahn School of Medicine at Mount Sinai, and the Director of the department at Mount Sinai Downtown. Prior to this appointment she served as Associate Chair of the department of Radiation Oncology Beth Israel Medical Center, and was the



Director for Breast and Gynecologic Cancer Programs for Radiation Oncology at Continuum Cancer Centers of New York. Dr. Chadha is a Fellow of the American College of Radiology, and Fellow of the American Society of Radiation Oncology, an honor bestowed on highly select Radiation Oncologists' in America.

Dr. Chadha received her medical education in India. Graduating at the top of her class from Amritsar Medical College, she completed her post-graduate training in Radiation Oncology at Memorial Sloan-Kettering Cancer Center in New York. She also has a Master's degree in Healthcare Administration from the Mailman School of Public Health, Columbia University.

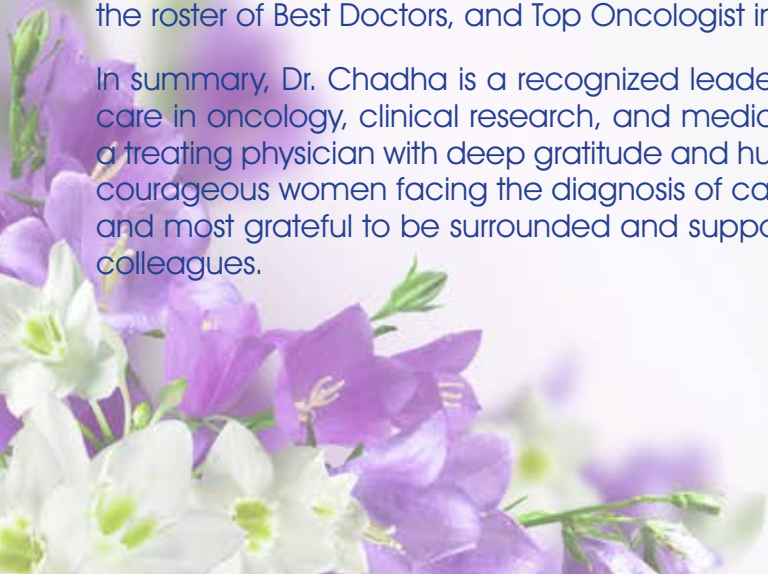
Dr. Chadha's clinical and research interests primarily focus on improving treatment and clinical outcomes in breast and gynecologic cancers while aiming to preserve quality of life of cancer survivors. She has authored over 170 peer-reviewed articles, abstracts, book chapters and invited articles.

As a mentor, Dr. Chadha has an extensive educator's portfolio of trainees/residents, fellows, and medical students. Her research/publications endorse her collaborative and mentoring skills. Widely respected in her field, she is a frequent speaker at national/ international academic venues.

Throughout her career, Dr. Chadha has championed quality in cancer care delivery and has introduced several quality improvement initiatives to impact change. She currently serves as co-chair of Mount Sinai Cancer Multidisciplinary System-wide Quality Improvement Committee.

Dr. Chadha has served as President of the New York Metropolitan Breast Cancer Group, and President of the New York Roentgen Society. She is a member of the Medical Advisory Committee of the Komen Foundation, and has served on Manhattan's Regional Board of Advisors of the American Cancer Society. She is in the Castle Connolly's list of America's Top Doctors, and since 2006 has also been on the roster of Best Doctors, and Top Oncologist in America.

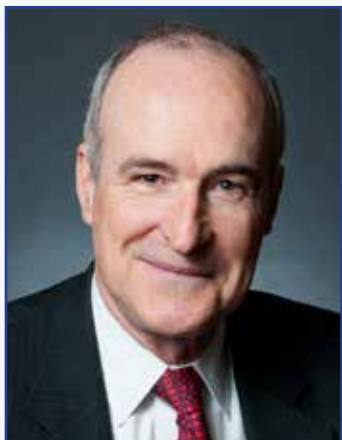
In summary, Dr. Chadha is a recognized leader in the field of medicine with contributions to patient care in oncology, clinical research, and medical education. She acknowledges her responsibility as a treating physician with deep gratitude and humility, and is inspired by her patients and thousands of courageous women facing the diagnosis of cancer. On a personal note, she feels extremely blessed and most grateful to be surrounded and supported by her wonderful loving family, great friends and colleagues.





## Guest of Honor **Alan D. Guerci, M.D.**

Alan D. Guerci, M.D. is president and chief executive officer of Catholic Health Services of Long Island, an appointment that was effective on July 1, 2013. Previously, he was executive vice president for CHS and President & CEO of St. Francis Hospital, Mercy Medical Center and St. Joseph Hospital.



Before assuming executive leadership for St. Francis Hospital in 1999 (and Mercy and St. Joseph more recently), Alan was St. Francis's executive vice president for medical affairs and director of research. Previously, he served as director of the Coronary Care Unit at The Johns Hopkins Hospital, as well as chairman of the Clinical Trials Review Committee of the Heart, Lung and Blood Institute of the National Institutes of Health.

After graduating from Harvard College, Alan earned his medical degree from Cornell University Medical College and a master's degree in health care management from the Harvard School of Public Health. He completed postgraduate training as an intern, resident and chief resident at the University of California, San Francisco Medical Center, followed by a fellowship in cardiology at The Johns Hopkins Hospital, where he advanced to the rank of associate professor of medicine before joining St. Francis. In addition, he is an associate professor of clinical medicine at the College of Physicians and Surgeons of Columbia University.







## Guest of Honor **Jason Naidich, MD**

Jason Naidich, M.D. is senior vice president and executive director of Northwell Health's Central Region, which includes North Shore University Hospital (NSUH), Long Island Jewish (LIJ) Medical Center, Cohen Children's Medical Center, LIJ Forest Hills, LIJ Valley Stream and Zucker Hillside Hospital. In this role, Dr. Naidich develops and oversees implementation of strategic plans to achieve patient satisfaction, quality, operational and financial goals for the region's hospitals. He is also responsible for coordinating activity within the region, building physician partnerships and identifying new opportunities for growth and investment.

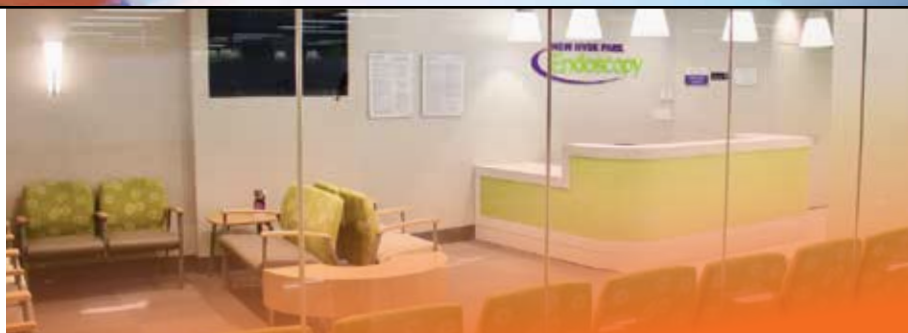
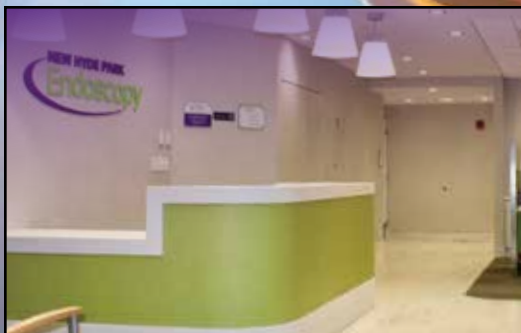


In 2001, Dr. Naidich started his career as an attending interventional radiologist at North Shore University Hospital. In addition to his clinical work, Dr. Naidich assumed a series of leadership positions within the radiology department, ultimately serving as Northwell's system-wide Chair of Radiology and Senior Vice President of the Imaging Service Line, a position he held until the end of 2016.

In 2013, Dr. Naidich became the Chair of Radiology at the Zucker School of Medicine at Hofstra/Northwell, a position he continues to hold today. In this capacity, he oversees undergraduate and graduate medical education as well as the research activities of the department which has over 150 faculty members.

Dr. Naidich is a member of numerous professional organizations and has recently served as President of the New York State Radiological Society. He has been elected as a Fellow of the American College of Radiology. He serves on several education, economics and finance committees for the American College of Radiology and the Association of University Radiologists and is a reviewer for several radiology journals.

Dr. Naidich earned his medical degree from Cornell University Medical College. He completed an internship in Internal Medicine at Lenox Hill Hospital and a residency in diagnostic radiology at New York University Medical Center, where he also served as Chief Resident. Dr. Naidich completed a fellowship in vascular and interventional radiology at New York University Medical Center and a second fellowship in magnetic resonance imaging at Beth Israel-Deaconess Medical Center, Boston. He later earned an MBA with a concentration in health care management from Yale University.



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## Nilesh Mehta, MD

Annual Diwali Gala Sponsor

Nilesh Mehta M.D. is the President of Digestive Disease Care and Medical Director of New Hyde Park Endoscopy Center. Along with his wife Preeti who is also a Gastroenterologist, they are part of Long Island's prominent medical group. He is board-certified and well renowned in the field of Gastroenterology & Hepatology. He trained at Columbia University College of Physicians and Surgeons, Harlem Hospital Center. After completing two years of Research Fellowship and three years of Clinical Fellowship at SUNY Upstate Medical University, he started practicing in 2009.



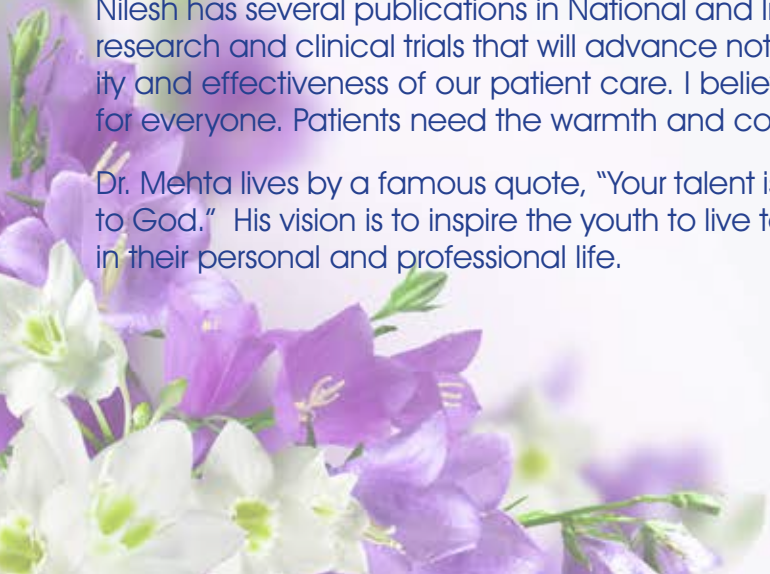
Over a short course of time, together with his wife Preeti, he has developed multiple offices extending from Queens to Long Island. Nilesh and Preeti are the youngest gastroenterology couple to build a technologically-advanced, latest in high-quality endoscopy services, 10,000-square-foot facility - New Hyde Park Endoscopy (NHPE) providing patients with highly personalized care in a caring and modern environment. NHPE is accredited by the Joint Commission and meets or exceeds the nationally recognized standards accepted by third party payers, and government agencies.

Nilesh moved to the U.S. for his medical training in 2001. He spent the earlier years of his life in Pune and Indore completing his medical training at Mahatma Gandhi Memorial Medical College, Indore. His parents - Mr. Deepak Mehta and Mrs. Ranjana Mehta spend time in the hometown of Indore, as well as with their two children and grandchildren in the U.S. His highly accomplished brother - Hitesh Mehta (Chartered Accountant, ICWA, & MBA) is Managing Director at MUFG Union Bank. He and Preeti are blessed with 3 children – Nikhil, Khush, and Dhruvi.

Charitable work and giving back to the community are priorities for Dr. Mehta and his family. Charities supported by the family include orphanages, providing medical care to children with AIDS, supplying equipment to the deaf and dumb children. More recently, he has been involved in the Jaipur Foot, the world's largest organization for the disabled. Nilesh has been involved with Veerayatan, a non-profit organization dedicated to providing education and medical care in rural India.

Nilesh has several publications in National and International journals. "Today, I most enjoy the scientific research and clinical trials that will advance not only our knowledge of gastroenterology but the quality and effectiveness of our patient care. I believe in delivering nothing but the best care and service for everyone. Patients need the warmth and comfort of being treated by someone they can trust."

Dr. Mehta lives by a famous quote, "Your talent is God's gift to you. What you do with it, is your gift back to God." His vision is to inspire the youth to live to their full potential and make every effort to succeed in their personal and professional life.



# CONGRATULATIONS

**Drs. Nilesh & Preeti Mehta**

For your outstanding accomplishments.  
We wish continued success for your  
future endeavors.



**Kanak & Prabha  
Golia**

**Piyush & Roma  
Golia**





## Preeti Mehta, MD

Annual Diwali Gala Sponsor

Preeti Mehta M.D. is the founder of Digestive Disease care, one of Long Island's largest Gastroenterology single-specialty medical group. She is Board-certified in her specialty and is well renowned in the field of Gastroenterology & Hepatology. She trained at Icahn School of Medicine at Mt Sinai, Manhattan and is affiliated with Northwell Health System and New York Presbyterian Healthcare system affiliate Weill Medical College of Cornell University. Preeti had her Advanced Endoscopy & Therapeutics training at SUNY Upstate Medical University before starting her private practice in 2009. Over a short course of time, together with her husband, they have multiple locations extending from Queens to Long Island. Nilesh and Preeti are the youngest gastroenterology couple to build a technologically-advanced, latest in high-quality endoscopy services, 10,000-square-foot facility - New Hyde Park Endoscopy (NHPE) providing patients with highly personalized care in a clean, relaxing, and modern environment. NHPE is accredited by the Joint Commission and meets or exceeds the nationally recognized standards accepted by third party payers, medical societies and government agencies.



Preeti moved to the U.S. with her family at the age of 12. Her parents – Mr. Kanak and Mrs. Prabha Golia are well known in the community. Her younger brother Dr. Piyush Golia has joined the family business and is well established. Preeti is blessed with 3 children – Nikhil, Khush, and Dhruvi.

Charitable work and giving back to the community are top priorities for Dr. Mehta's and her family. She supports charities dedicated for children and women's education, medical needs for the disabled and managing orphanages. She is a part of a charitable foundation that started the Nakoda Paras Bhairav Akshat trust that funds projects related to public health, education and women's empowerment in Rajasthan, India. In addition, she understands the plight of the handicap and supports the foundation Bhagwaan Mahaveer Viklang Sahayta Samiti, the world's largest rehabilitation organization for disabled individuals providing artificial limbs (Jaipur India). Furthermore, she contributes to Shankar Netrayala a non-profit institution for ophthalmic care in Chennai, India. Preeti indorses and supports Veerayatan, a non-profit organization that strives to uplift and empower humanity through the three jewels of humanitarianism, education and inner development.

In addition to her business and philanthropic endeavors, Preeti has a close relationship with members of the community. Despite her hectic family and professional life, she has been involved with temple activities and senior citizen center in Queens & Long Island educating the community on various topics for medical prevention.

Dr. Mehta lives by a famous quote by Arthur Ash, "From what we get, we can make a living; what we give, however, makes a life." Her vision is to inspire humankind to live a dignified life and provide quality education and healthcare to needy people through affiliation with the local community and non-governmental organizations.



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## Mr. Ramesh Goel, MBA

Annual Diwali Gala Sponsor

Ramesh has an MBA in Public Accounting & taxation from St. John's University, New York. Since 1976, he has been working as a representative with Acorn Financial Services offering a wide array of financial products and services.



Ramesh Goel has been helping Medical & Dental professionals providing Investment & Insurance products. He travels around the country in order to provide professional service to his clients who are settled nationwide.

He is involved in the community:

Former Chairman- New York State Chapter (1986-1988) - IAFPE (Indian American Forum for Political Education)

Life member- GOPIO (Global Organization of People of Indian Origin)

Life member- AIA (Association of Indians in America)

Life member- IALI (India Association of Long Island)

Life member- RANA (Rajasthan Association of North America)

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Ramesh is honest, trustworthy, helpful, putting your interest first.





**ANDREW M. CUOMO**  
GOVERNOR



STATE OF NEW YORK  
**EXECUTIVE CHAMBER**  
ALBANY 12224

December 8, 2018

Dear Friends:

It is a pleasure to send greetings to all members of the American Association of Physicians of Indian Origin of Queens and Long Island (AAPIQLI) as you gather for your annual gala and convention.

Our state and nation are fortunate to be home to a diverse population of medical professionals, including a skilled community of physicians of Indian ancestry dedicated to the well-being of our citizens and the advancement of public healthcare. This occasion provides an opportunity for AAPIQLI members to highlight their past achievements and to identify new goals for the future, as you explore topics of current interest and concern to those who study and work in various medical fields.

Your organization, founded by individuals affiliated through their shared culture and common professional goals, represents an accomplished sector of the medical community with a mission to serve humankind. As physicians of Indian heritage, your members are applauded for their work in which they demonstrate cultural sensitivity to the people of their community and provide exceptional care to those of all backgrounds in New York State and across America.

Warmest regards and best wishes for a wonderful celebration and meeting.

Sincerely,

ANDREW M. CUOMO





**Congressman Thomas R. Suozzi**

December 8, 2018



AAPIQLI  
207 Berkeley Place  
Brooklyn, NY 11217

Dear Friends:

I am pleased to extend my warmest greetings to all gathered at the 23<sup>rd</sup> Annual American Association of Physicians of Indian Origin of Queens and Long Island Convention.

Part of the National American Association of Physicians of Indian Origin, the AAPIQLI chapter furthers the organization's vision of pursuing excellence in patient care, teaching, and research. Furthermore, AAPIQLI's involvement in many charitable endeavors strengthens our community and provides for a better tomorrow for future generations. Events such as the 23<sup>rd</sup> Annual Convention provide an excellent showcase of the many ways that AAPIQLI and its members generously contribute to the community and promotes diversity. Please accept my wishes for a joyful celebration and much continued success.

With kindest regards, I am

Sincerely,

Thomas R. Suozzi  
Member of Congress  
Third District, New York

TRS:ab



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December 8, 2018

Dear Friends:

It is my pleasure to welcome you to the 23<sup>rd</sup> annual convention of the American Association of Physicians of Indian Origin of Queens & Long Island (AAPIQLI).

AAPIQLI has an integral role within the New York State Healthcare System and its research programs. Many of your members are leaders in their fields, working with and teaching the healthcare professionals of tomorrow. It is because of your strong membership, AAPIQLI has become a well-respected and forceful organization.

This conference highlights the importance of camaraderie and collaborative work. The impact AAPIQLI has made within the NYS Healthcare system is immeasurable.

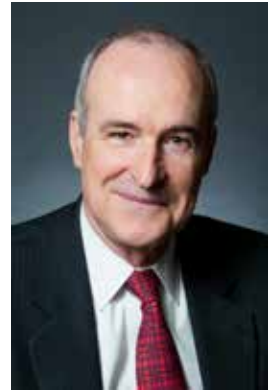
On behalf of the 1.5 million residents of Suffolk County, I want to thank this prestigious organization and its membership for its commitment to service.

Sincerely,

A handwritten signature in black ink that reads "Steven Bellone". The signature is fluid and cursive, with the first and last names being clearly legible.

Steven Bellone  
Suffolk County Executive





On behalf of everyone at Catholic Health Services of Long Island (CHS), I gratefully accept the designation as Honoree of this year's dinner of the Association of American Physicians of Indian Origin.

Long Island is fortunate to have the many talented, hard-working physicians you represent. US News and World Report ranks St. Francis Hospital as the best on Long Island and other CHS hospitals as high-performing in a number of specialties, and the Leapfrog Group ranks CHS hospitals as the safest on Long Island. We could not do it without you.

Thank you again for this honor and your many contributions to the health of Long Islanders.

Sincerely,  
Alan D. Guerchi, MD  
President and CEO  
Catholic Health Services of Long Island

**CONGRATULATIONS!**

**GUEST OF HONOR**

**DR. ALAN GUERCI**

**DR. JASON NAIDICH**

**HONOREES**

**DR. SATISH ANAND**

**DR. MANJEET CHADHA**

**DR. GADDAM D. REDDY**

**AND**

**DR. JAGDISH K. GUPTA**

**PRESIDENT, AAPI-QLI**

**FOR HIS EXEMPLARY LEADERSHIP**

**BEST WISHES FROM:**

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**DR. RAJENDRA BHAYANI, VICE PRESIDENT**

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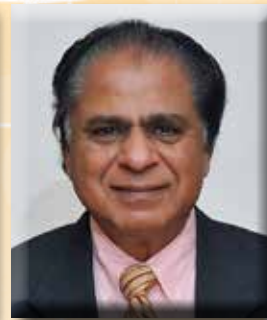
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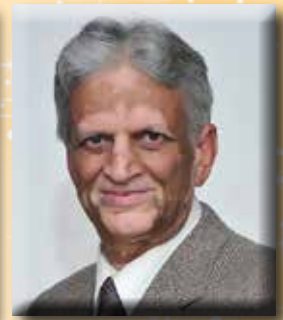
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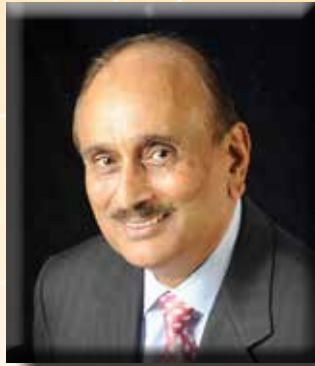
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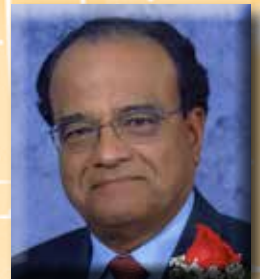
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2017



***Congratulations!!***



**Dr. Jagdish K. Gupta**  
President AAPI-QLI

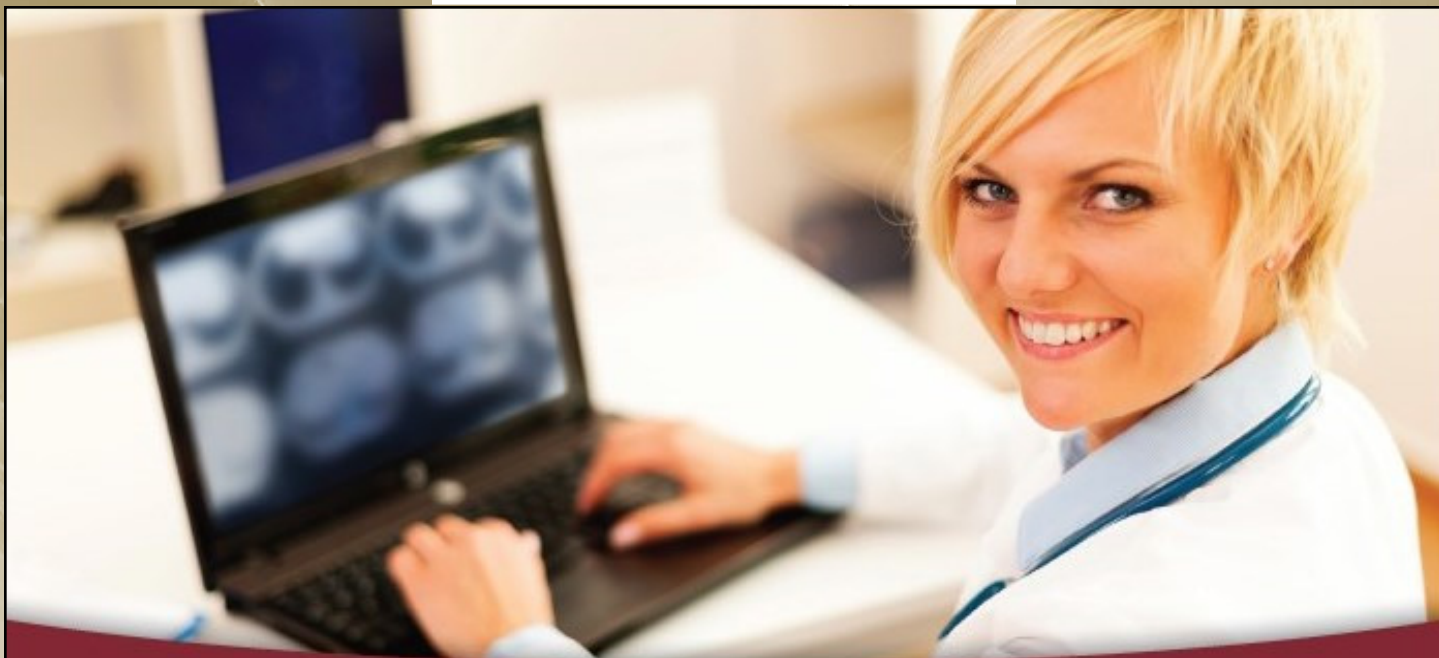


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# *37<sup>th</sup> Annual* **AAPI CONVENTION**

AMERICAN ASSOCIATION OF PHYSICIANS OF INDIAN ORIGIN  
OMNI AND WORLD CONGRESS CENTRE, ATLANTA, US



**3<sup>rd</sup>-7<sup>th</sup> July, 2019**

**SAVE THE DATE**



**Naresh Parikh, MD**  
President, AAPI



**Ajeet Kothari, MD**  
Board of Trustees Chair, AAPI



**Sreeni Gangasani, MD**  
Chair, AAPI convention 2019



## Past Honorees

Compiled by: Jagan Pahuja, MD & Satish Anand, MD

YEAR	PRESIDENT	HONOREES
2005	<b>Rashmikanth K. Baxi, MD</b>	<b>Joseph A. Quagliata</b> <i>President &amp; CEO</i> South Nassau Community Hospital
2007	<b>Rajeev Vohra, MD</b>	<b>Yvette Mooney, RN</b> <i>Senior Vice President, Patient Care Services</i> South Nassau Community Hospital
2008	<b>Bhavani Srinivasan, MD</b> <b>and</b> <b>Satish Anand, MD</b> <i>President</i> <i>Federation AAPI of NY/NJ</i>	<b>Thanjavur S. Ravikumar, MD</b> <i>Chairman, Department of Surgery</i> North Shore / LIJ Health System  <b>Lakshmanan Sathyavagiswaran, MD / FRCP</b> <i>Chief Medical Examiner</i> Coroner Los Angeles County  <b>Deborah Tascone, RN, MS</b> <i>Regional Executive Director</i> North Shore / LIJ Health System
2009	<b>Shashi S. Shah, MD / FACS</b>	<b>Jatin P. Shah, MD, PhD, FACS</b> <i>Chief of Head &amp; Neck Surgery</i> Memorial Sloan - Kettering Cancer Center, NY  <b>Lawrence Smith, MD</b> <i>Dean</i> Hofstra University Medical School
2010	<b>Ashvin Doshi, MD</b>	<b>Valavanur A. Subramanian, MD</b> <i>Chairman, Dept. of Cardiothoracic Surgery</i> Lenox Hill Hospital, Manhattan, NY  <b>Raj Narayan, MD</b> <i>Head, Dept. of Neurosurgery</i> North Shore / LIJ Health System





## Past Honorees

Compiled by: Jagan Pahuja, MD & Satish Anand, MD

YEAR	PRESIDENT	HONOREES
2011	Krishan Kumar, MD	<p><b>Rajiv V. Datta, MD</b> <i>Chief, Dept. of Surgery / Surgical Oncology</i> South Nassau Communities Hospital</p> <p><b>Jagat Narula, MD</b> <i>Director of Cardiovascular Imaging</i> Mount Sinai Hospital, Manhattan, NY</p> <p><b>Nyapati R. Rao, MD</b> <i>Chair, Dept. of Psychiatry</i> Nassau University Medical Center</p>
2012	Sunil Mehra, MD	<p><b>Kanti R. Rai, MD</b> <i>Chief, CLL Research &amp; Treatment Program</i> North Shore / LIJ Health System</p> <p><b>Dattatreya N. Nori, MD</b> <i>Chairman, Radiation Oncology</i> New York Presbyterian Hospital</p>
2013	Tarun Wasil, MD	<p><b>Dr. Manjit S. Bains</b> <i>Thoracic Surgeon at MSKCC,</i> <i>Professor of Clinical Thoracic Surgery</i> Weill Cornell Medical College</p> <p><b>Dr. Pravin C. Singhal</b> <i>Professor of Medicine</i> Hofstra - North Shore LIJ <i>School of Medicine Investigator</i> The Feinstein Institute of Medical Research</p> <p><b>Dr. Rajiv Jauhar</b> <i>Chief of Cardiology &amp; Director of Cath.</i> Lab, LIJMC <i>Associate Professor of Medicine</i> Hofstra School of Medicine</p>



## Past Honorees

Compiled by: Jagan Pahuja, MD & Satish Anand, MD

YEAR	PRESIDENT	HONOREES
2014	Ajay K. Lodha, MD	<p><b>Dr. Ganesh Bhat</b> <i>Co-Founder</i> Atlantic Dialysis <i>Director</i> Kidney Care Council, Wasington DC</p> <p><b>Dr. Uma Mysorekar</b> <i>Gynecologist &amp; Oncologist</i></p> <p><b>Dr. Ashok Shaha</b> <i>Attending Surgeon, Head &amp; Neck</i> Memorial Sloan-Kettering Cancer Center</p> <p><b>Dr. Samin Sharma</b> <i>President</i> Mount Sinai Heart Network</p>
2015	Madhu Korrapati, MD	<p><b>Dr. Bhoomi Mehrotra</b> <i>Dir. of Cancer Institute, Dir. of Medical Oncology,</i> St. Francis Hospital, The Heart Center Roslyn <i>Co-Chairman of Oncology Services,</i> Catholic Health Services of Long Island</p> <p><b>Dr. Surya Vishnubhakat Murthy</b> <i>Vice Chair, Dept. of Neurology</i> North Shore LIJ <i>Associate Professor</i> Hofstra Medical School <i>Dir. Clinical Neurophysiology, Sr. Attending Neurologist</i> North Shore University Hospital</p> <p><b>Dr. Ramanathan Raju</b> <i>President &amp; CEO</i> New York City HCC</p> <p><b>Dr. Jagan Pahuja</b> <i>Assistant Professor of Clinical Pediatrics</i> Stony Brook Health Science Center</p>





## Past Honorees

Compiled by: Jagan Pahuja, MD & Satish Anand, MD

YEAR	PRESIDENT	HONOREES
2016	Vaijinath Chakote, MD	<p><b>Dr. Sujana Chandrasekhar</b> <i>Director of Vestibular Disorders Evaluation Clinic, Bronx VA Hospital</i></p> <p><b>Dr. Narendra Hadpawat</b> <i>Cardiologist in Lawrence, NY</i></p> <p><b>Dr. Ashutosh Tewari</b> <i>Chairman, Milton &amp; Carroll Petrie Dept of Urology Mt. Sinai Health System Professor, Urology at Icahn School of Medicine Mt. Sinai</i></p>
2017	Rakesh Dua, MD	<p><b>Dr. Mohinder P. Gupta, MD, FACC, FACP</b> <i>Staff Cardiologist, Long Island Jewish Medical Center Assistant Clinical Professor of Medicine, Albert Einstein Medical Center &amp; School of Medicine Attending Physician, Flushing Hospital Medical Center</i></p> <p><b>Professor Davendra Mehta</b> <i>Professor of Medicine Icahn School of Medicine, Mt. Sinai Dir. of Arrhythmia Section &amp; Al-Sabah Arrhythmia Institute at Mt. Sinai, St. Luke's Hospital</i></p> <p><b>Dr. P. Patrick Basu</b> <i>Assistant Clinical Professor of Medicine Columbia University, NY Division Chief of Gastroenterology &amp; GI Endoscopy North Shore University Hospital, Forest Hills Dir. of Liver Disease &amp; Hepatology Fellowship Kings County Medical Center</i></p> <p><b>Dr. Usha Krishnan</b> <i>Associate Professor of Pediatrics &amp; Associate Medical Dir. of Pulmonary Hypertension Center Columbia University</i></p>



## *“Educational Programs for our members 2018”*

- **AAPIQLI is committed to continuing medical education for its members.**
- **Throughout the year we had several CME programs.**
- **Here are the highlights of our CME activities during 2018.**
- **Monthly CME Meeting on a Sunday morning, started in 2017 and coordinated by Dr. Kakani, Dr. Shrivastava and Dr. Dua in 2018.**
- **Our flagship “Annual CME” in November was organized & conducted by Vinni Jayam, MD.**

**\*If you have recommendations for future CME topics or speakers, please contact our president at [president@aapiqli.org](mailto:president@aapiqli.org) or [aapiqlcme@gmail.com](mailto:aapiqlcme@gmail.com)**

Date	Speaker	Topic
March 4th	Subhadra Nori, MD	Management of Back Pain for Primary Care Providers
March 4th	Dattatreya Nori, MD	Advances in Oncology
April 8th	Inderpal Chhabra, MD	Bottom of the Food Chain, it is not Easy to be an internist
April 8th	Swami Nikhilanand (Radha Madhav Dham)	Is it possible to change the time of Death? Is it possible to save someone from Death? “
April 30th	Subhadra Nori, MD	Management of Back Pain for Primary Care Providers (AAPIQLI CME Cruise to Havana)
April 30th	Dattatreya Nori, MD	Advances in Oncology (AAPIQLI CME Cruise to Havana)
May 1st	Dr. Juan Antonio, Dr. Jaime, and Dr. Ana (Havana, Cuba)	Practice of Medicine in CUBA (AAPIQLI CME Cruise to Havana)
May 2nd	Prof. Ricardo Torres (Havana, Cuba)	Economy of Medical Practice and Economy in General (AAPIQLI CME Cruise to Havana)
May 2nd	T.K. Sreepada Rao, MD	Diabetic Nephropathy (AAPIQLI CME Cruise to Havana)
May 2nd	Rayudu Jujavarapu, MD,	Initial Assessment of a Trauma Patient (AAPIQLI CME Cruise to Havana)
May 3rd	Arra Suresh Reddy, MD	State of the Art treatment of Ischemic Strokes (AAPIQLI CME Cruise to Havana)
May 3rd	Ajay Lodha, MD	Flu epidemic -Prevention and treatment (AAPIQLI CME Cruise to Havana)
May 6th	Tarun Wasil, MD	Recent Progress in Unresectable Stage 3 Lung Cancer and Targeted Therapy in Cancer Treatment
May 6th	Karthic Gujja, MD	Advancements in Peripheral Vascular Disease Management
May 9th	KK Mehta CPA and team	Latest Tax Reform Update and Planning Opportunities (NON CME CREDIT –EDUCATIONAL ACTIVITY)
June 10th	Jovita Crasta, MD	Eating Disorders
June 10th	Amarjot Surdhar, MD	Opioid Addiction
June 20th	Charles Demarco, MD	Advances in Radiology (NON CME CREDIT –EDUCATIONAL ACTIVITY)
Aug 12th	Abhay Malhotra, MD	Interpretation of EKGs and Role of EKG in Common Clinical Scenarios
Aug 12th	Rajesh S. Kakani, MD	Evaluation and Treatment of Dizziness and Vertigo
Aug 15th	Kavitha Yaddanapudi, MD	Recognizing Interstitial Lung Disease: The role of HRCT and the Radiologist (NON CME CREDIT EDUCATIONAL ACTIVITY)
Sept. 9th	Priya Nori, MD	Update on Antibiotic Resistance
Sept. 9th	Parul Shukla, MD	Current status of minimal access surgery for colorectal tumors
October 7th	Nilesh Mehta, MD	Nonalcoholic Fatty Liver Disease - Are there any Medications in the Market yet?
October 7th	Merajur Rahman, MD	Pancreatic Cysts: An Update on Management
October 7th	Biju Abraham DO	Colon Cancer Screening - Do we start at Age 45?
October 7th	Preeti, Mehta, MD	Management of Dyspepsia
Nov 18th	Rajiv Jauhar, MD	South Asian Heart Disease Epidemic
Nov 18th	Gary Gecelter, MD	Evaluation and Modern Management of Dysphagia
Nov 18th	Smita Sihag, MD	Safety and Feasibility of lung resection following immunotherapy
Nov 18th	Allen Jeremias, MD	Treatable stable Ischemic Heart Disease- Is PCI still Indicated?





## AAPI-QLI Annual Students and Resident Research Award 2018

AAPI-QLI thanks the esteemed judges for their valuable time & guidance.

Dr. Raj Narain, Dr. Manjit Bains, Dr. Praveen Singhal & Dr. Parag Mehta

### List of Abstract Submissions

Submission	Name	Title
1	<b>Amrita Chawla</b>	Hyperglycemia enhances kidney cell injury in HIVAN through down-regulation of vitamin D receptors.
2	<b>Binu Kuriakose</b>	A not so Benign Case of Coagulase Negative Staphylococcus
3	<b>Shruti Singh</b>	Relationship between exercise induced oxygen desaturation and DLCO in patients with advanced lung disease
4	<b>Aditya Shekhar</b>	Molecular Imaging of Programmed Cell Death with Radiolabeled Duramycin-Targeting Phosphatidylethanolamine in the Ischemic Heart: A Novel Diagnostic Strategy
5	<b>Sahith Vadada/ Rushikesh Patel</b>	Fabricating Biocompatible Graphene-Loaded Poly(4-vinylpyridine) Fibers and Evaluating their Effects on the Proliferation, Differentiation, and Collagen Formation of DPSCs of Dysphagia
6	<b>Aravind Nagavalli</b>	Gross Hematuria as a presentation of disseminated tuberculosis Urban and Rural Orthopedic Patients
7	<b>Sasmith Menakuru</b>	Genitalia self-mutilation commanded by hallucinations: A Psycho-intensive case of Klingsor Syndrome
8	<b>Neil V. Shah</b>	Comparing Predictors of Complications following Anterior Cervical Discectomy and Fusion (ACDF), Total Disc Replacement (cTDR), and Combined ACDF-TDR with Minimum Two-Year Follow-Up
9	<b>Neil V. Shah</b>	Does Surgical Approach for Total Hip Arthroplasty Impact Infection Risk in the Obese Patient: A Systematic Review
10	<b>Richa Purohit</b>	Disrupted APOL1-miRNA Axis induces Imbalance between Autophagic Load and Handling in Podocytes Expressing APOL1 Risk Alleles
11	<b>Vinod Kumar</b>	APOL1 Preserves Human Podocyte Adherens Complex (AC) and the integrity of Podocyte Actin Cytoskeleton (IPAC)
12	<b>Alok Jha</b>	Modulation of APOL1- miR193a-axis Protects against Apoptosis in Adverse Milieus
13	<b>Swati Anand</b>	Mystery of the Blue Toes
14	<b>Siddharth Bhesania</b>	For the Residents, by the Residents: Developing a Physician Handoff Tool at a University Affiliated Hospital
15	<b>Siddharth Bhesania</b>	Does getting stroke on weekend makes a huge difference?? So called "Weekend effect": a Nationwide study
16	<b>Pragaran Kancharla</b>	A Study: Factors causing burnout among residents.
17	<b>Akhila Chilakala</b>	Innovations in Healthcare: The Narratives of Black Female Physicians Regarding Discrimination
18	<b>Alina Barmanwalla</b>	The curious case of a falling man
19	<b>Ranjit Singh/ Vidhu Sharma</b>	Mentorship in Medical School
20	<b>Vidhu Sharma</b>	Fatigue in Pulmonary Hypertension Patients

*In support of*  
***Meena Gupta***  
***Jagdish Gupta, MD***  
*President of AAPI-QLI*

*For their years of Hardwork & Efforts*  
*In support of*  
***AAPI-QLI***  
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## *Inauguration*

The Inauguration of Executive Committee of AAPI-QLI took place at Akbar Restaurant in Garden City, attended by more than 250 people, including physicians and community leaders. The event was celebrated with Philanthropy donation to Puerto Rico Relief and Rebuilding Fund after Hurricane Maria, International Nutrition Network (INN), which serves free meals and operates 10 Soup Kitchens, ROTACARE which provides free medical, dental, pharmacy and other behavioral health services to low income people and Sankara Nethralaya & Eye Foundation.





Congratulations to

**Dr. Gaddam Dasaratharam Reddy**

on the well-deserved honor!

Congratulations to the entire

**AAPIQLI team for their outstanding service**

Best Regards

**The Venigallas Family**

**Sambasiva Rao, Mahalakshmi**

**Ryan, Suneetha**

**Srikanth, Laura**







## *First AAPI-QLI Valentine Day Celebrations!!!*

AAPI-QLI 's First Valentine Day Celebrations were held on February 9, 2018, Friday evening at Akbar restaurant with presence of newly elected AAPI-QLI Executive Committee, Board of Trustees and their spouses. Everyone had a most wonderful time with singing by Drs. Rakesh and Asha Dua and dancing by everyone. Dr. Ajay K. Lodha was elected chairman, Board of Trustees and it certainly added to the celebrations.







## *First AAPI-QLI International CME Cruise to Havana, Cuba*

First International CME Cruise to Havana, Cuba took place in April 2018. There were more than 85 members and their family participated and 8 hours of cutting-edge CME was provided on Board through Wyckoff Heights Medical Center. It was a beautiful and rewarding experience with cultural exchange with very friendly Cubans and familiarization with socialized Medicine with Lectures by a Cuban surgeon and Economist. The world-renowned Tropicana Dance Festival was a real treat for the eyes and soul. The classic Car Rides and Race on Malecon Drive was an unforgettable thrilling experience.







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# Congratulations

**Manjeet Chadha, MD, MHA, FASTRO**

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**Rohit Dandiya, MD**

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**Rajendra Bansal, MD**

561-746-2411

[rajbansal54@yahoo.com](mailto:rajbansal54@yahoo.com)





## Mental Health Seminar

Mental Health Seminars was held on June 10, 2018 and was a huge success for AAPI-QLI and our Community. It was attended by more than 100 person and the theme was Opioid Addiction and other Addiction. Dr. Jovita Crasta and Dr. Amarjot Surdhar were the speaker and they were helped by Dr. Manoj Shah and Dr. Dimple Sodhi during Round Table Discussions. Mr. Joseph S. Saladino, Town Supervisor Oyster Bay, was the chief Guest. Dr. Srinivasan, Dr. Goyal, Dr. Bansal and Dr. Manandhar



## Leadership Conference

AAPI-QLI participated in the "leadership conference under leadership of Dr Naresh Parikh" at Indian Consulate, New York to aspire future Leaders. Amazing lecture and group discussion on Self-management to develop stress-free relationships by Gautam Jain and other topics by various speakers. Thanks to chief adviser: Dr Ajay Lodha, Co-chairs: Dr Kusum Punjabi and Dr Raj Bhayani for organizing such a beautiful event. Dr. Gupta and Dr. Pandya





*Heartiest Congratulations*  
*Ramesh Goel, MBA*  
*For well-deserved Recognition on*  
*AAPI-QLI Annual Gala Celebration!!!!*



*Phashi & Prem Goel, MD*







## Independence Day Celebrations

AAPI-QLI celebrated the Independence Day in participation with AAPI in Manhattan by taking part in the Parade, held on Madison Ave. A record number of members were present. It was a very emotional, memorable and very enjoyable event.

Dr. Himanshu Pandya, Dr. Krishan Kumar, Dr. Prachi Dua



## CME Programs

State of the art discussion and presentation were given by Memorial Sloan Kettering Cancer Center on Cancer of the Breast and Ovaries and in-depth knowledge was provided by Dr. Jauhar from Northwell Health System in Cardiovascular arena, the cause for highest mortality in Our South Asian Population. In depth coverage of Tax Changes and its implications for Medical Practices were illustrated by K.K. Mehta, CPA and Associates. Drs. Nilesh and Preeti Mehta of Digestive Disease Care, were instrumental in providing detail coverage in GI disorders. 20 Hours of outstanding CME were provided to the members by educational speakers of international reputations. Last but not the least, the enlightening and successful Annual CME Session was single handedly conducted by Dr. Vinni Jayam.

Dr. Shrivastava, Dr. Kakani and Dr. Dua







Congratulations

**Dr. Manjeet Chadha**

We sincerely appreciate  
and value your many contributions!

**Your friends and colleagues  
at Mount Sinai Downtown**





## Breast Cancer Walk

Breast Cancer Awareness "A walk to remember" was held at Clarke Garden's with attendance over 200 persons. It was attended by Ms. Judy Bosworth, Supervisor, Town of North Hempstead and New York Senator, Ms. Elaine Philips along with other dignitaries. Hands on education was provided by Dr. Tarun Wasil with breast models and simulation techniques.

Many of the Executive Committee members of AAPI-QLI were present including Dr. Ajay Lodha, chairman of BOT. Dr. Srinivasan, Dr. Tarun Wasil, Mrs. Seema Wasil, Dr. Goyal, Dr. Bansal.

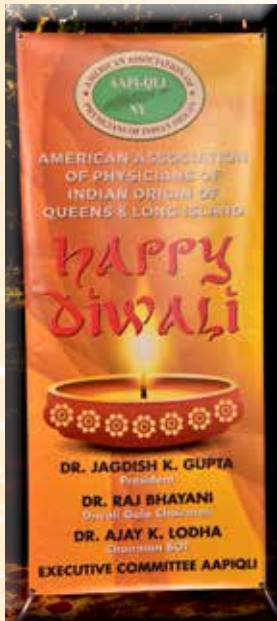






# AAPI-QLI Diwali Celebrations!!!!

The annual Diwali event organized under the leadership of Dr. Gupta, Dr. Ajay Lodha, Chair BOT, Dr. Raj Bhayani, Chairman of function and Executive Committee of AAPI-QLI, attended by over 300 guests, including AAPIQLI members, physicians, sponsors, community leaders and Crème de la crème of Indian Community, was in every sense a celebration of the true spirit of Joy and happiness during the festive season of Diwali.







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## *AAPI-QLI First New York State Research Competition*

AAPI-QLI, First New York State Young Innovator Research Competition was held on November 18, 2018 at St. Francis DeMatteis Center, 101 Northern Blvd, Greenvale, NY. More than 45 Innovative Research Abstracts were submitted. After a careful consideration, twenty abstracts were selected for Poster Presentation and judged by five internationally renowned faculty. Three winners were announced and awarded monetary prizes and others were given consolation prizes along with Certificates of Exemplary Participation. Dr. Ajay K. Lodha/Dr. Arunabh Talwar





Congratulations  
to our dear friend and colleague

**Manjeet Chadha**

On her well-deserved honor!

**Department of Radiation Oncology  
Mount Sinai Health System**





## *Annual CME*

Annual CME was held on November 18, 2018 at DeMatteis Center and attended by more than 150 members. Four hours of didactic, high caliber, innovative and futuristic Topics were discussed by Dr. Rajiv Jauhar, Dr. Gary Gecelter, Dr. Smita Sihag and Dr. Allen Jeremias on topics ranging from South Asian Heart Disease-an epidemic, Modern management of dysphagia, Immunotherapy in Lung Cancer prior to surgery and Ischemic Heart Disease-is PCI still indicated? CME was Provided by St Francis Hospital Dr. Vinni Jayam





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as well as outstanding pediatrician  
to  
our children and grandchildren*



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# *Annual Gala 2017*







# *Annual Gala 2017*







# *Annual Gala 2017*





HEARTY CONGRATULATIONS TO

**DR. GADDAM D. REDDY**

**AND SPECIAL CONGRATULATIONS TO**

**DRS. JAGDISH GUPTA, VINNI JAYAM**

*and other*

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*From*

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**DRS. SHILPA AND SHRAVAN REDDY**

**AND**

**PAILLA SAKETH REDDY**





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AND ALL THE HONOREES  
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*Hearty Congratulations to Honorees*

*Dr. Gaddam D. Reddy*

*Dr. Satish Anand*

*Dr. Manjeet Chadha*

*& to the entire team of AAQO QLO*



*Best Wishes From:*

**CARDIOLOGY,VASCULAR & INTERNAL MEDICINE OFFICE  
KARTHIK GUJJA,MD & HIMA YALAMANCHILI,MD**

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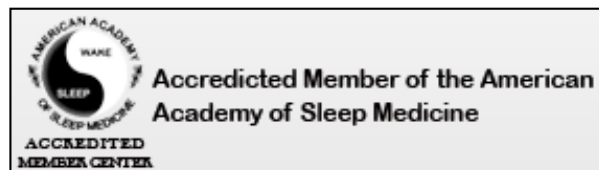
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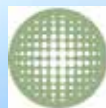
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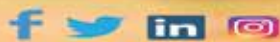
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For a very successful year

&

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Congratulations!!!!

**Jagdish K. Gupta, MD**

President, AAPI-QLI

**Vinni Jayam, MD**

2018 Convention Chairman

**The Executive Committee**

**and all the Honorees**

for their outstanding achievements!



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*Congratulations to the*  
Honorees and President Dr Jagdish Gupta, BOT,  
and the Executive Committee of AAPI-QLI



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*Congratulations to  
Dr. Jagdish Gupta, President of AAPJ2LJ  
the whole team of 2018*

*Hearty Felicitations to all our Honorees*

*from*

*Dr. Bhavani Srinivasan*



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## Editor's Message



December is a time for reflection. This was another busy and successful year in the history of American Association of Indian Origin – Queens Long Island Chapter (AAPI – QLI). On behalf of the whole team, it is my pleasure to welcome you all to the 23rd annual gala. The journal will give you a glimpse and highlights of the many successful events since the last annual gala.

Dr Rakesh Dua handed over the responsibilities to Dr Jagdish Gupta who needs no introduction because of his prior community service through several other organizations such as AIA, NDMF to name a few. Thanks to his hard work and vision, we saw many successful events in the current year. Congratulations to him on completion of this illustrious year.

Dr Gupta chose distinguished Dr Vinni Jayam as the Chairperson for this gala along with Dr. Asha Dua and Dr Rajinder Jinna as Co-Chairs. The whole team for the gala has been working very hard under their leadership in order to provide an enjoyable and memorable function tonight. Thanks to Dr Jayam and who has spent countless hours of his valuable time for us despite his extremely busy clinical schedule.

The honorees bring us pride every year and this year's inclusion is no exception. All the physicians chosen by the committee led by Dr Krishan Kumar are well known in their respective fields and for their role in helping our community. Thanks to the honorees for accepting our invitation and for joining us all today to celebrate their accomplishment and success.

The Research competition and CME day has become a very popular event. This year's team under the leadership of Drs Arunabh Talwar and Ajay Lodha saw further growth. The Judges Dr. Raj Narain, Dr. Manjit Bains, Dr. Praveen Singhal & Dr. Parag Mehta of international fame and repute. Congratulations to the team and all the participants and the winners. Thanks to Dr. Vinni Jayam & St. Francis Hospital for their support.

Thanks to all the sponsors for their financial support which is very important for successful event. As always, thanks to Zamher Chalisa and Icon Imaging for their insight and thoughtfulness for making this journal possible.

Wishing you all the best for the Holiday Season and a prosperous New Year!

Sincerely,

**Tarun Wasil, MD**

Chair, Journal Committee AAPI-QLI

# Purna Atluri, MD, FACP

Specialist in Gastroenterology and Hepatology



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*Congratulations to*

*Dr. Jagdish K. Gupta*

*AAPI-QLI President,*

*and team, for the annual AAPI convention. Greetings*

*and Felicitations to the 2018 honoree:*

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**Congratulations to the entire AAPIQLI EC and BOT**

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